

ACCRA METROPOLITAN HEALTH DIRECTORATE



2025 NUTRITION INTERVENTIONS REPORT

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2025

To ensure optimal nutrition and health for people living in the Accra Metropolis, the following nutrition interventions were carried out from January to December 2025.

Nutrition-Related Health Interventions Carried Out by the Nutrition Unit

Key Objectives for the Year 2025

1. Growth Monitoring and Promotion for children aged 0–59 months, including:
 - a. Weight measurements
 - b. Length and height measurements
2. Vitamin A supplementation for children aged 6–59 months.
3. Micronutrient powder supplementation for children aged 6–24 months at Child Welfare Clinics (CWCs).
4. Food demonstrations at child welfare clinics (CWCs), demonstrating the preparation of optimal complementary foods for children aged 6–59 months.
5. Community-Based Management of Acute Malnutrition (CMAM) using Plumpy Nut.
6. Nutrition-Friendly School Initiative to promote healthy eating and lifestyles among schoolchildren.
7. Nutrition counselling and promotion of exclusive breastfeeding, as well as appropriate and timely complementary feeding.
8. Anaemia control in pregnancy through monthly supplementation of Iron Folic Acid (IFA) to pregnant women at Antenatal Clinics (ANCs), with nutrition counselling provided.
9. Health education at child welfare clinics (CWCs), in communities, markets, and through the media.
10. Monitoring and supportive supervision of nutrition activities within the Metropolis.



Metro nutrition officer and team together with The National Council for Curriculum and Assessment (NaCCA) and National Schools Inspectorate Authority (NaSIA) engaged school proprietors of Zone A on Nutrition friendly school initiative (NFSI) at Camara, 19/06/25



Metro Nutrition team with Medical Superintendent of Kaneshie polyclinic inspecting food exhibition during child health promotion week at Kaneshie Polyclinic, 14/05/25



Metro and Ablekuma south nutrition officers, nurses and care givers at Apostolic church CHPS zone in Chorkor participating in food demonstration, 18/03/25.



Metro Nutrition officer and Health promotion officer inspecting a food exhibition, highlighting the four (4)star diet at Kaneschie Polyclinic during child health promotion week, 14/05/25



HOTLINE FOR THE VULNERABLE

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